

## FEBRUARY CALENDAR

### February 9:

- School Council Meeting

### February 14:

- Valentine's Day Parties— PM only

### February 16:

- Ski Trip

### February 17:

- District PD Day— School Closed for Students

### February 20:

- Family Day— School Closed

### February 21 & 22:

- School Closed

### February 23 & 24:

- Teacher's Convention— School Closed

## UPCOMING EVENTS

### March 8:

- Kindergarten/ School Council Meetings

### March 12:

- Report Cards Issued

### March 14 & 15:

- Student Led Conferences

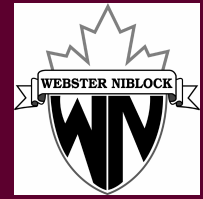
### March 16:

- District PD Day— School Closed for Students

### March 19:

- Day in Lieu of Student Led Conferences— School Closed

# “In the Web”



WEBSTER NIBLOCK SCHOOL NEWS

FEBRUARY 2012

## School Council

I can't believe it's February! This school year is really flying by. The Webster Niblock School Council would like to extend a warm welcome to Mr. McNear and his family and sincerely hope that they enjoy all our school and community have to offer.

I would like to take this opportunity to say a huge "thank you" to Deb Srubowich and all the parents who came out and volunteered their time to make our casino fundraiser a huge success! We will receive our portion of the casino proceeds in a few months and we will let you know in June just how much we raised.

Speaking of fundraising, we have a great fundraising opportunity coming up in the next couple of months that we are very excited about. We will again be doing the Osborne

Books fundraiser. Please watch for more info. to come home shortly.

We would like to extend an invitation to all parents to join us on Thursday, February 9th at 6:30pm at our next council meeting.

We will be providing information about the brick mural we are considering constructing at the front of our school in June 2013 to celebrate the Webster Niblock 50 year anniversary. If you attend only one meeting this year, this is the one to be at. We are very interested in hearing your thoughts about this exciting project.

That's all I have for this month. Have a wonderful February and we look forward to seeing all of you on February 9th. Please, remember, we always provide babysitting free of charge.

## Spring Musical

The members of our Spring Musical have descended into the No-Character Zone! Students are practicing each Tuesday after school from 2:50-3:45 and Thursdays from 12:40-1:00. We would ask that students remember their yellow script books for each practice. Date for the play will be in late April. Please let Mrs. Donner or Mrs. Reiniger know the day before if you are unable to come to practice.

Ski Trip will  
take place  
on February  
16th!

## Didgeridoo Your Reading

We kicked off the reading promotion with and read Australian stories. Any students a wonderful Waltzing Matilda sung by Mr. that have read and had their reading book-McNear. This sparked the interest of the let signed by their parent all four weeks students to find out the meaning of some will have their name in a draw for a stuffy of the words in that song. The students at of an Australian animal. The Wind Up day Webster Niblock have enjoyed the reading for the reading Promotion will be on Febru- promotion focusing on Australia. We have ary 15th. It's a Beach Day so wear your played Australian games, enjoyed Austra- shorts and sunglasses and we will pretend lian art activities, sang Australian songs we're "Down Under"!

## Health & Wellness Committee

Our school is participating in winter when the daylight hours Participate as an individual, Winter Walk Day on February are shorter and there are family, class, school, team or 8th. The winter provides already fewer safe places group—all you need is endless ways for one to be- where kids can engage in protective clothing! So get on come creative, inventive and unstructured activity. those woolies, hike up your adaptive in modifying the Participate in Winter Walk Day boots, catch some fresh air, go elements. However, it is often by walking or being active for for a hike and make the great difficult for kids to just "get 15 minutes or more on Canadian winter as much a part out and play," especially in the February 8th, 2012. of your day as you can!

February is here and what a better time to talk about friendship. Parents as you talk to your child about healthy relationships, encourage your child to:

- Talk—to others about his/her interests
- Listen to what each other have to say
- Praise each other for what he/she does well
- Use manners—saying please and thank you
- Be helpful—do things for your friends without keeping track of what they have done for you

Friendship does not include bragging about yourself, talking behind someone's back, or putting someone down. For more information go to:

[www.albertahealthservices.ca/2622.asp](http://www.albertahealthservices.ca/2622.asp)



## Feeding Your Child's Mind, One Lunch at a Time

Please remember that the healthier your child(ren) eat, the healthier your fundraising pocket will be!

For every lunch purchased @kidsplate.ca, we donate back to your school. Last year, we donated over \$250 dollars to our participating

schools and for this year, we've already surpassed that mark and we just now reached the 1/2 way mark of this school year. Congratulations!

For all ordering, log onto [kidsplate.ca](http://kidsplate.ca).

## First Nations, Metis and Inuit Education

Mark your calendars! We have pre-booked the remaining FMNI Advisory Committee meetings for the following dates:

- February 15th: Shepherd's Pie
- March 15th: Tacos with special guest
- April: No meeting due to the break
- May 15th: Outdoor Roast; location to be determined
- June 21st: A celebration of National Aboriginal Day; details to follow

All meetings, except where noted, will be held at the MHHS Legacy Room starting at 5:30. Regular sessions of Culturally Enhanced Tutoring will run from 3:30-5:00 on those days.

## Get Healthy and Celebrate Heart Month!

According to the Heart and Stroke Foundation, "families who eat nutritious food together, are physically active together, and live smoke-free lives are well on their way to reducing their risk of heart disease and stroke."

Without a balanced, nutritious diet and regular physical activity, children can gain weight and harm their heart health. Studies show that children who are

obese are more likely to remain obese, leading to serious risk factors for heart disease and stroke. They may be prone to developing high blood pressure or Type 2 diabetes. Here are some helpful hints to encourage heart-healthy habits in your children and in yourself:

- Eat nutritious, balanced meals and snacks

- Make sure children are getting 60 minutes of physical activity **every day**
- Talk to your children about how tobacco use can effect their health

To find out how to improve your families heart health visit

[www.heartandstroke.com](http://www.heartandstroke.com)

# February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9 School Council Meeting at 6:30 pm	10	11
12	13	14 Valentine's Day Parties— PM only 	15	16 <b>Ski Trip!</b>	17 District PD Day – School Closed for Students	18
19	20 Family Day Holiday— School Closed	21 School Closed	22 School Closed	23 Teacher's Convention— School Closed	24 Teacher's Convention— School Closed	25
26	27	28	29			